



MANICALAND STATE UNIVERSITY OF APPLIED SCIENCES

FACULTY OF APPLIED SOCIAL SCIENCES

PSYCHOLOGY DEPARTMENT

EMOTIONAL INTELLIGENCE

CODE: HPSY425

SESSIONAL EXAMINATIONS

APRIL 2023

DURATION: 3 HOURS

EXAMINER: MR I. SIFELANI

INSTRUCTIONS

- 1. Answer any **FOUR** questions.*
- 2. Total marks 100.*

Question 1

- i. With the aid of appropriate examples, define the following;
- a. Mood (4 marks)
 - b. Secondary emotions (4 marks)
 - c. Feelings (4 marks)
 - d. Emotional intelligence (4 marks)
- i. List any **four** common triggers of anger. (4 marks)
- ii. State and explain any **five** signs of poor emotional health. (5 marks)

Question 2

According to Ekman, “It would be very dangerous if we didn’t have emotions”. Discuss this statement. (25 marks)

Question 3

Emotional intelligence is a key skill in developing good political savvy. Argue for this assertion. (25 marks)

Question 4

Demonstrate your understanding of why Emotional Intelligence is important. (25 marks)

Question 5

Discuss gender differences in emotional intelligence. (25 marks)

Question 6

With the aid of relevant examples, explain the James Lange and Facial Feedback theories of emotions. (25 marks)

END OF EXAMINATION