



# MANICALAND STATE UNIVERSITY OF APPLIED SCIENCES

## FACULTY OF AGRIBUSINESS AND APPLIED SOCIAL SCIENCES

APPLIED PSYCHOLOGY DEPARTMENT

ADOLESCENCE AND ADULTHOOD

CODE: SSPS 215

SESSIONAL EXAMINATIONS

DECEMBER 2023

DURATION: 3 HOURS

EXAMINER: MS N. MUTONGORENI

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### ***INSTRUCTIONS***

- 1. Answer any **FOUR** questions.*
  - 2. Total marks **100**.*
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**Question 1**

“Drug and substance abuse remains a rampant problem in Zimbabwe despite efforts by the public and private health sectors to support the quitting and recovery of youths who use drugs”. Discuss the causes of substance and drug abuse and the different measures/ solutions that can be put in place to curb this problem. **(25 marks)**

**Question 2**

Explore the assertion that aging is a natural process that correlates with certain physical, social, behavioral and psychological changes. **(25 marks)**

**Question 3**

Outline the different factors that affect adolescent mental health through the use of social media and how best parents/guardians can mitigate these factors. **(25 marks)**

**Question 4**

Explain how and why the distinctions between life periods are becoming blurred in modern society. **(25marks)**

**Question 5**

Discuss the **activity, disengagement, membrane** and **decline** theories of aging. **(25 marks)**

**Question 6**

Assess adolescent initiation into adulthood in the African context citing the psychological, emotional and social impacts of the initiation rituals. **(25 marks)**

**END OF EXAMINATION**