



MANICALAND STATE UNIVERSITY OF APPLIED SCIENCES

FACULTY OF AGRIBUSINESS AND APPLIED SOCIAL SCIENCES

APPLIED PSYCHOLOGY DEPARTMENT

HEALTH PSYCHOLOGY

CODE: SSPS 423

SESSIONAL EXAMINATIONS

APRIL 2024

DURATION: 3 HOURS

EXAMINER: MS.T MUHLE

INSTRUCTIONS

- 1. Answer any **FOUR** questions*
- 2. Total marks **100**.*

Question 1

Examine the factors that are related to seeking medical attention and the problems people encounter in receiving medical care. **(25marks)**

Question 2

Discuss the theories of health behaviour on how they explain adherence **(25marks)**

Question 3

Give a critical analysis of the following:

- a. Physiology of stress **(5 marks)**
- b. Theories of stress **(10 marks)**
- c. Behavioural techniques for stress management **(10 marks)**

Question 4

Discuss the aspect of pain and the techniques that are effective for its management. **(25 marks)**

Question 5

Critically evaluate the factors that predict adherence. **(25 marks)**

Question 6

Explore the effective uses and limitations to alternative treatments **(25marks)**

END OF EXAMINATION